

**Whole Health Clinic**  
Dr. Sharum Sharif, N.D.  
6632 S. 191<sup>st</sup> Place, Suite E-110; Kent, WA 98032  
(425) 656-0700 – Fax (425) 656-0705

Date: \_\_\_\_\_

**PEDIATRIC/ADOLESCENT PATIENT PROFILE**

Patient's Name: \_\_\_\_\_ Age: \_\_\_ Sex: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Best email address? \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_ mother/father/other

How did you hear about us? \_\_\_\_\_

Child's Primary Care Physician: \_\_\_\_\_

**Person To Be Notified**

**In Case of Emergency:** Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

---

**Insurance information:** Name of the insurance company? \_\_\_\_\_

Subscriber's name (This could be the child or his/her parents)? \_\_\_\_\_

Subscriber's employer? \_\_\_\_\_

Subscriber's date of birth? \_\_\_\_\_

---

**PLEASE LIST THE HEALTH CONCERN/PROBLEM THAT BRINGS YOU IN TODAY:**

**Problem or diagnosis #1)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

**Problem or diagnosis #2)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

**Problem or diagnosis #3)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

**Problem or diagnosis #4)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

**Problem or diagnosis #5)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

**Problem or diagnosis #6)** \_\_\_\_\_

When did this problem initially start to bother your child? \_\_\_\_\_

How often does it bother your child- hourly, daily, weekly, monthly? \_\_\_\_\_

How severe on a scale of zero to 10 (10 being the worse/highest level)? \_\_\_\_\_

What makes this problem better or worse, namely drugs or supplements, etc.? \_\_\_\_\_

Anything else important about this problem you'd like to share? \_\_\_\_\_

If you have other problems you'd like to share with us, please type them up on a separate sheet of paper in the same format as above.

**HISTORY OF THIS CONCERN/PROBLEM:**

1. Has child received any treatment for this illness?      yes                  no  
If yes, what? \_\_\_\_\_
2. Has child ever had this illness in the past?                  yes                  no  
If yes, when? \_\_\_\_\_
3. How long has he/she had this illness? \_\_\_\_\_

---

**MEDICATIONS:**

	now	past	frequency
Aspirin	___	___	_____
Tylenol	___	___	_____
Antibiotics	___	___	_____
Decongestants	___	___	_____
Other	___	___	_____

**SUPPLEMENTS:**

	now	past	dose
Vitamins	___	___	___
Minerals	___	___	___
Fluoride	___	___	___
Herbs:	___	___	___

Allergies to drugs or medications: \_\_\_\_\_

---

**HOSPITALIZATIONS / SURGERIES / ACCIDENTS / SERIOUS INJURIES:** Describe each incident and give date & age:

---

**MEDICATIONS TAKEN IN THE LAST 5 YEARS:** (Include dates and duration)

---

**IMMUNIZATIONS:** (List types, dates given, and any adverse reactions)

---

**SOCIAL HISTORY:**

- 1) Parents: Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_  
Mother's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_  
Father's Occupation \_\_\_\_\_ Full Time \_\_\_\_\_ Part Time \_\_\_\_\_
- 2) Other Guardian: \_\_\_\_\_ Relationship \_\_\_\_\_
- 3) Others Residing in Home: \_\_\_\_\_ Relationship \_\_\_\_\_
- 4) Daycare/Preschool/School: \_\_\_\_\_ Where \_\_\_\_\_  
How Many Hours Each Day? \_\_\_\_\_ How Many Days Of The Week? \_\_\_\_\_

5) Siblings:      NAME                                      AGE                                      HEALTH PROBLEMS

- 1)  
2)  
3)

6) Interaction With Relatives: Who? \_\_\_\_\_ How Often? \_\_\_\_\_

**CHILD'S HEALTH HISTORY** (please check)

NOW	PAST	NEVER		NOW	PAST	NEVER	
___	___	___	Acne	___	___	___	Epilepsy/Seizures
___	___	___	Allergies	___	___	___	Fatigue
___	___	___	Anemia	___	___	___	Frequent Infections
___	___	___	Asthma	___	___	___	Headaches
___	___	___	Bed Wetting	___	___	___	Heart Murmur
___	___	___	Birth Defects	___	___	___	High Fever
___	___	___	Colic	___	___	___	Hyperactivity/ ADD
___	___	___	Constipation	___	___	___	Insomnia
___	___	___	Cough/Wheeze	___	___	___	Jaundice
___	___	___	Cradle Cap	___	___	___	Learning Difficulties
___	___	___	Depression	___	___	___	Moodiness
___	___	___	Diarrhea	___	___	___	Stuffy Nose
___	___	___	Dizzy Spells	___	___	___	Thrush
___	___	___	Earaches	___	___	___	Vomiting Spells
___	___	___	Eczema	___	___	___	Other _____
___							

**CHILDHOOD ILLNESSES** (Please check and indicate at what age)

_____	Chicken pox	_____	Scarlet Fever	_____	Mononucleosis
_____	Measles	_____	Rheumatic Fever	_____	Ear Infections
_____	Mumps	_____	Strep Throat	_____	Tonsillitis
_____	Rubella	_____	Pneumonia	_____	Croup
_____	Whooping Cough	_____	Asthma	_____	other _____

**FAMILY HISTORY:** Identify all family members who have or have had any of the following:

_____	Alcoholism	_____	Cancer	_____	High Blood Pressure
_____	Allergies	_____	Diabetes	_____	Hypoglycemia
_____	Anemia	_____	Eczema	_____	Mental Illness
_____	Arthritis	_____	Epilepsy	_____	Thyroid disorder
_____	Asthma	_____	Stroke	_____	Heart Disease
_____	Birth Defects	_____	Obesity	_____	Hearing Loss
_____	Other (Describe)				

**PRENATAL/ BIRTH HISTORY:**

**MOTHER'S health** during the pregnancy with this INFANT/ CHILD/ ADOLESCENT (check and describe in space provided) :

_____	Age	_____	Trauma/Injury	_____	Alcohol Consumption	_____	Illness
_____	Bleeding	_____	Stress	_____	Nausea	_____	Drugs

\_\_\_\_\_ Smoking \_\_\_\_\_ X-rays \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ Toxemia  
\_\_\_\_\_ Medications \_\_\_\_\_ Other

Describe:

TERM: Full \_\_\_\_\_ Premature \_\_\_\_\_ Late \_\_\_\_\_ Birth Weight: \_\_\_\_\_ LBS \_\_\_\_\_ OZ  
Was birth / pregnancy: Easy? \_\_\_\_\_ Difficult? \_\_\_\_\_

Place of Birth: \_\_\_\_\_ Hospital \_\_\_\_\_ Home \_\_\_\_\_ Clinic \_\_\_\_\_ Other \_\_\_\_\_ Method

---

### **HABITS:**

- 1.) Does your child eat a special diet?
- 2.) What are your child's favorite foods?
- 3.) What is your child's general disposition?
- 4.) How much does your child sleep?
- 5.) Does your child wear: \_\_\_\_\_ cloth diapers \_\_\_\_\_ disposable \_\_\_\_\_ none
- 6.) Date of last check-up \_\_\_\_\_ with Dr. \_\_\_\_\_
- 7.) List any chemicals, metals, dusts, smoke or fumes your child has been repeatedly exposed to:
- 8.) Does your child react to pollens? If so, then which ones?
- 9.) Does your child react to foods? If so, then which ones?

(Check appropriate boxes)

FEEDING:	NEVER	RARELY	FREQUENTLY	WEEKLY	TIMES PER DAY				
					1X	2x	3X	4X	5X
MOTHER'S MILK (or weaned when?: _____)	_____	_____	_____	_____	_____	_____	_____	_____	_____
MILK OR FORMULA _____(KIND)	_____	_____	_____	_____	_____	_____	_____	_____	_____
SUGAR SWEETS	_____	_____	_____	_____	_____	_____	_____	_____	_____
FRUIT SWEETENERS	_____	_____	_____	_____	_____	_____	_____	_____	_____
WHITE FLOUR	_____	_____	_____	_____	_____	_____	_____	_____	_____
PROTEIN FOODS	_____	_____	_____	_____	_____	_____	_____	_____	_____
VITAMINS-MINERALS _____(KIND)	_____	_____	_____	_____	_____	_____	_____	_____	_____
ASPIRIN	_____	_____	_____	_____	_____	_____	_____	_____	_____
LAXATIVES	_____	_____	_____	_____	_____	_____	_____	_____	_____

---

**ARE YOU WILLING TO CHANGE YOUR HABITS TO HELP IMPROVE YOUR CHILD'S HEALTH?** \_\_\_\_\_

---

**DOES YOUR CHILD HAVE ANY OTHER PROBLEMS YOU WOULD LIKE TO DISCUSS WITH THE DOCTOR?** \_\_\_\_\_

---

---

